



little lotus  
nurturing mind, body & spirit

Little Lotus Wellness Studio LLC

195 W. Nine Mile Road Suite 211 Ferndale, MI 48220

www.littlelotuswellness.com 586.344.6587

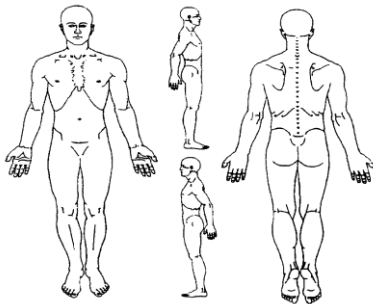
**ABOUT YOU**

NAME
ADDRESS
CITY STATE ZIP
PRIMARY PHONE
Cell home work (circle one)
EMAIL
DATE OF BIRTH
ALT. PHONE
EMERGENCY CONTACT:
RELATIONSHIP:
PHONE NUMBER:

**A FEW QUESTIONS**

WHO REFERRED YOU TO OUR OFFICE: (circle all that apply) Yellow Pages Internet/Website Family/Friend: Name
HAVE YOU HAD A MASSAGE BEFORE Y N
IF YES, WHAT PRESSURE DO YOU PREFER: LIGHT MEDIUM FIRM
Notes:

**TELL US HOW YOU ARE FEELING TODAY?**



Comments:

Please indicate on the diagram above how you are feeling and what your kind of pain you have.

Z= Numbness/Tingling S= Stabbing 0=Stiff  
X= Sharp pain D= Dull/Achy B= Burning

(turn over)

**REASON FOR THIS VISIT**

IS THE PURPOSE OF THIS APPOINTMENT RELATED TO?

- ◇ WELLNESS ◇ PAIN RELIEF ◇ RELAXATION
- ◇ EDEMA/SWELLING ◇ WORK INJURY
- ◇ FATIGUE ◇ POST SURGICAL RELIEF
- ◇ DEPRESSION/ANXIETY ◇ INSOMNIA/SLEEP ISSUES
- ◇ MOTOR VEHICLE ACCIDENT

PLEASE EXPLAIN IF APPLICABLE:

WHEN DID THIS CONDITION BEGIN?

HAS THIS CONDITION

- ◇ GOTTEN WORSE ◇ STAYED CONSTANT ◇ COME AND GONE

Does your condition interfere with your daily activities?

Yes

No

Rate your pain:

0 (least pain)-1---2---3---4---5---6---7---8---9---10 (worst pain)

**HEALTH CONDITION**

Please check any of the conditions or health problems you may have had or currently have

Migraines	Headaches	Neck Pain	Midback Pain
Sinus Problem	Allergies/Cold	Arthritis	Osteoporosis
Heart Attack	Stroke	Blood Pressure	Cholesterol
Low Back	Disc Problems	Lung disease	Liver disease
Kidney disease	Ulcers/Colitis	Digestive Issues	Dizziness
Loss of Sleep	Cancer	Blood Clot	TMJ
Fatigue	Diabetes	Irritable Bowel	Fibromyalgia
Hearing Issue	Fractures	Depression	Chronic Pain
Rashes	Asthma	Tendonitis	Bursitis
Thyroid	Hepatitis	Tuberculosis	Seizures
Numbness	Pacemaker	Pinched Nerve	AIDS/HIV
Bronchitis	Cataracts	Goiter	Gout
Hernia	Miscarriage	Pneumonia	Prostate
STD	Tumors	Are you Pregnant	Y N

Other not stated:

Injuries You Have Had & Date that may affect our work today:

**Fractures:** \_\_\_\_\_ when \_\_\_\_\_ **Surgeries :** \_\_\_\_\_ when \_\_\_\_\_ **Falls: :** \_\_\_\_\_ when \_\_\_\_\_

**Other:** \_\_\_\_\_ when \_\_\_\_\_

***DISCLOSURE STATEMENT AND SCOPE OF PRACTICE***

If I experience discomfort or pain during this massage session, I will immediately inform the practitioner so that they may adjust pressure and or strokes to my level of comfort. I further understand that massage/bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment of which I am aware. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment. Understanding all of this, I give my consent to receive care.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

***MISSED APPOINTMENT POLICY***

**Unless canceled at least 24 hours in advance or filled by another client, our policy is to charge \$25.00 per missed appointment.** It is advised to reschedule any missed appointments within 24 hours of your original appointment time.

**Client Initials** \_\_\_\_\_

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Yoga, Massage Wellness Workshops,  
Meditation Groups and More.  
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